

# Stephanie A. Bradley

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## Education

*Ph.D. Human Development & Family Studies – anticipated 2012*

*M.S. Human Development & Family Studies – May 2010*  
The Pennsylvania State University, University Park, PA, USA  
Emphasis: Adolescent Development, Prevention Science

*B.A. Psychology - May 2006*  
Georgia State University, Atlanta, GA, USA  
Magna Cum Laude, Departmental Distinction

## Research Interests

### *Adolescents' Conscious Choice & Action*

- My research centers on understanding and promoting adolescent ownership (i.e. agency) of personal development. Specifically, I am interested in understanding the motivational, cognitive, and behavioral facets of this sense of ownership. My master's thesis entailed developing and validating a 15-item global measure of adolescent agency that incorporates these three dimensions.
- This measure demonstrates strong validity and reliability in the first sample on which it was run – 7<sup>th</sup> and 8<sup>th</sup> grade primarily non-White youth in an under-resourced school district. Future research with this measure will include validation in different populations of adolescents, and evaluating if participation in prevention and intervention programming influences adolescents' report of agentic functioning.

### *Mindfulness Impacts on Experience of Self*

- My second area of interest centers on mindfulness, and how changes in mindfulness relate to changes in personal experience of conscious choice and action. I am interested in understanding how changes in mindfulness in parenting and teaching practices relates to changes in adolescents' experiences of personal agency.

## Academic Experience

### Master's Thesis

- Title: "Agentic functioning in adolescents: Development and validation of a brief, comprehensive measure." Chairs: Edward A. Smith, D.PH. & Linda L. Caldwell, Ph.D.

### Research Assistant – Pennsylvania State University

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|----------------|---|
| 2010 – present | <i>Strengthening Families in Pennsylvania</i><br>– community based family program designed to increase family functioning and decrease substance use risk   |
| 2007 – 2009    | <i>TimeWise-Harrisburg &amp; HealthWise-South Africa projects</i><br>– school-based intervention program designed to increase healthy free-time choices and decrease sexual risk in 8 <sup>th</sup> and 9 <sup>th</sup> grade youth |

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## Teaching

2009 - Pennsylvania State University

- Teaching assistant
  - Guest lecture on Stress and Self Care, and Clinical Writing and APA Style
  - HDFS 490 – Internship Experience, Dr. Greg Roth
- Guest lecture intervention basics, risk reduction, health promotion
  - HDFS 311 – Intervention, Jochebed Gayles, M.A.
- Guest lecture on Mindfulness Based Stress Reduction, Stress and Self Care
  - HDFS 490 – Internship Experience, Dr. Greg Roth

## Service

2010/2011

- Alumni representative & Social Co-chair, Graduate Student Steering Committee

2009/2010

- SPR Abstract Review Committee Volunteer: “International Research” theme
- Diversity Representative – Graduate Student Steering Committee

2008/2009

- SPR Abstract Review Committee Volunteer: “Influences of Relationships” theme

## Publications & Presentations

**Bradley, S. A.**, Smith, E. A., Lai, M. H., Graham, J. W., & Caldwell, L. L. (2010, June). Sexual-coercion risk in South African adolescent male youth: Risk correlates and HealthWise impacts. Paper presented at the annual meeting of the Society for Prevention Research, Denver, CO.

Caldwell, L. L., **Bradley, S.**, & Coffman, D. (2009). A person-centered approach to individualizing a school-based universal preventive intervention. [Special Issue: The Ontogenetic Approach to Prevention]. *American Journal of Drug and Alcohol Abuse* (35)4, 214-219.

**Bradley, S.**, Caldwell, L. L., & Graham, J. W. (2009, May). *Personal agency in high-risk, urban adolescents: Associations with physical activity, and alcohol and tobacco use.* Poster presented at the annual meeting of the Society for Prevention Research, Washington, D.C.

Malikina, M. & **Bradley, S.** (2006, April). Respect, gender, and science: Levels of perceived respect in university professors. Poster presented at the Psychology Undergraduate Research Conference, Atlanta, GA.

## Honors & Awards

Prevention & Methodology Training Fellowship: 2009-2011

NSF AGEP-SBE Scholar: 2009 - 2011

Bunton-Waller Fellowship: 2007 - 2011

HOPE Scholar: 2003-2006

Faculty Scholar: 2003, 2004, 2005

Dean's Scholarship Key: 2004, 2005

Faculty Scholarship Award: 2005

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## **Professional Memberships**

Society for Prevention Research, 2008 - present  
Society for Research on Adolescence, 2007 - present  
American Psychological Association, 2004 - present